Demonstration of 2-colour cast on, 2-colour rib and short rows:

Requirements:
Yarn: 2 colours Cowgirlblues Merino twist
Needles: 3.5 mm

With 3.5mm needles cast on 48sts in 2-colour longtail cast on method
Row 1: hold colour A in left hand and B in right hand. *colour A: k1, colour B: p1* repeat to end of row
Row 2: hold B in left hand and A in right hand. *B: k1, A: p1* repeat to end of row
Repeat these 2 rows until you are comfortable with knitting a 2-colour rib.

Next 2 rows ; k in colour B
Wave pattern: in colour A:
Wave 1: k21, turn, sl 1p, p17, turn, sl 1k, k14, turn, sl 1p, p11, turn, sl 1k, k13, turn, sl 1p, p15, turn, sl 1k,
        k17, turn, sl 1p, p19, turn, sl 1k, k21
Repeat for wave 2
Next row: p
Next 2 rows: k in colour B (or C if using 3 colours)
In colour A: k5, turn, sl 1p, p4, k2, turn, sl 1p, p1, turn, k4, turn, sl 1p, p3, turn, k6, turn, sl 1p, p5, k10
Next wave: k21, turn, sl 1p, p17, turn, sl 1k, k14, turn, sl 1p, p11, turn, sl 1k, k13, turn, sl 1p, p15, turn, sl 1k,
        k17, turn, sl 1p, p19, turn, sl 1k, k21
To finish off the line: k14, turn, p11, turn, sl 1k, k10, turn, p8, turn, sl 1k, k7, turn, p10, turn, sl 1k, k9,
        turn, p12, turn, sl 1k, k11.
Next row: p

Repeat from the beginning.

Abbreviations:

k	knit
p	purl
sl 1p	slip 1 purlwise (with yarn in front)
sl 1k	slip 1 knitwise (with yarn in back)

I am a Quilter

and I am passionate about quilting, patchwork, applique, fabrics, knitting & yarn